

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Fresh Baked Pasta with Garlic Bread (M,W,G)	Chinese Stir Fry (M,W,G,S)	Spaghetti Bolognese with meat free meatballs (M,W,G,S)	Cheese and onion Pie with Beans (M,W,G)	Pizza and Chips (M,W,G)
Option 2	Shahi Paneer with Rice (M)	Panjabi Curry with Rice (M)	Rajma with rice	Aloo Gobi with Naan (W)	Veg Biryani
Daily	Pizza twist Jacket potato with beans and cheese Classic pasta (M,W,G)				
Dessert	Fresh fruit	Apple Crumble & Custard (<mark>M,G</mark> ,W)	Strawberry Jelly	Semiyan (M,W,G)	lce cream (M)
Veg	Complementary salad Yoghurt (M) Steamed Broccoli	Complementary salad Yoghurt (M) Peas and sweetcorn	Complementary salad Yoghurt (M) Carrots	Complementary salad Yoghurt (M) Green Beans	Complementary salad Yoghurt (M)
Кеу	Milk (M)	Gluten (<mark>G</mark>)	Wheat (W)	Soya (S)	



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Vegetarian Sausages with Creamy Mash and Gravy (M,G,W,S)	Macaroni Cheese with Garlic Bread (<mark>M,G</mark> ,W)	Vegetable Lasagne (<mark>M,G</mark> ,W)	Enchilada & Nachos (<mark>M,G</mark> ,W)	Chips & Beans (<mark>M,G</mark> ,W)
Option 2	Mattar Paneer with Rice (M)	Daal Makhani with Rice (M)	Paneer Roll (<mark>M,G</mark> ,W)	Black Chickpeas with Rice	Veg Biryani
Daily	Pizza twist Jacket potato with beans and cheese Classic pasta (M,G,W)				
Dessert	Chocolate Mousse (M)	Rice Pudding (M)	Jam Tart with Custard (<mark>M,G</mark> ,W)	Fresh fruit	lce cream (M)
Veg	Complementary salad Yoghurt (M) Peas	Complementary salad Yoghurt (M) Steamed broccoli	Complementary salad Yoghurt (M) Steamed mixed veg	Complementary salad Yoghurt (M) Sweetcorn	Complementary salad Yoghurt (M)
Кеу	Milk (M)	Gluten (<mark>G</mark>)	Wheat (W)	Soya (S)	



Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Creamy Mushroom Pasta with Garlic Bread (M,G,W)	Cottage Pie (W,S)	Veggie Hotdog with Wedges (G,W,S)	Veggie Fingers with Beans (G,W)	Pizza & Chips (<mark>M,G</mark> ,W)
Option 2	Yellow Daal with Rice (M)	Saag & Naan (G,W,M)	Mixed Veg Sabji with Naan (<mark>G</mark> ,W)	Chickpeas with Samosas and Rice (G,W)	Veg Biryani
Daily	Pizza twist Jacket potato with beans and cheese Classic pasta (M,G,W)				
Dessert	Chocolate Cornflake Squares (M,G,W)	Rice Pudding (M)	Chocolate brownie with custard (M,G,W,S)	Cheesecake (M,G,W)	lce cream (M)
Veg	Complementary salad Yoghurt (M) Peas	Complementary salad Yoghurt (M) Steamed broccoli	Complementary salad Yoghurt (M) Mixed veg	Complementary salad Yoghurt (M) Carrots	Complementary salad Yoghurt (M)
Кеу	Milk (M)	Gluten (<mark>G</mark>)	Wheat (W)	Soya (S)	