



BTEC Tech Award in Sport

Edexcel
603/7068/3



What is this course about?

A Tech award in Sport will expand knowledge and understanding of the world of sport and physical activity. Students develop expertise in a variety of fields within the two year course that will provide them with the skills to further study at level 3.

The Sport course is not only practical ability assessed but requires academic skills and leadership skills too all placed within the vocational context.





Student opinions matter...

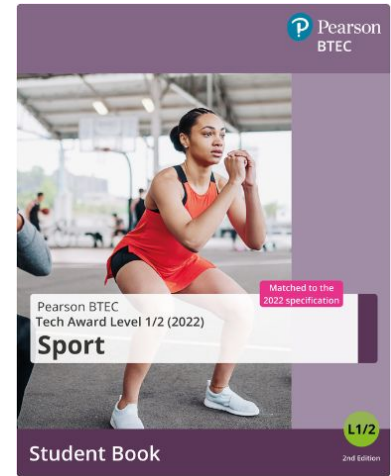
“PE is the one subject where you are given the opportunity to expand your horizon of many skills that you can take away outside of school, such as leadership, teamwork, resilience, and confidence.”

CC Year 10



What will I learn?

- **Preparing to take part in sport and physical activity**
 - Provision - Who provides opportunities for exercise and sport
 - Equipment and technology - Science behind exercise and sport
 - Preparing to participate in exercise and sport
- **Taking part and improving performance**
 - Components of fitness - Planning a training programme
 - Roles and responsibilities of officials - leading sport and exercise
 - Improving performance - Data analysis and action planning
- **Improving fitness to develop performance**
 - Importance of fitness for performance - Understanding factors affecting performance
 - Testing of fitness levels - Identifying strengths and weaknesses
 - Training methods - Targeting weakness
 - Fitness programming - training prescription



The EverLearner



Student opinions matter...

“In my opinion I think it's a great subject to pick as someone who loves sport or to someone who's interested about the science behind the human body.”



How will I be assessed?

| | | | |
|---|---|---------------------|------------|
| Component 1 | - | Internally assessed | coursework |
| Component 2 | - | Internally assessed | coursework |
| Component 3 - Externally assessed examination | | | |

| | September - January | | February - April | May - July |
|--------|-----------------------|---|---|---------------------------------|
| Year 1 | Component 1 delivery | | Component 1 Summative Assessment and internal marking | Component 2 delivery |
| | September | October - December | January - May | May |
| Year 2 | Component 2 refresher | Component 2 Summative Assessment and internal marking | Component 3 delivery | Component 3 External Assessment |



Where could this course take me in the future?

This course provides a fantastic stepping stone on to Level 3 Sport or A-Level PE course. It is a great starting point to consider Level 3 or A-Levels in Biology, Journalism, Management or vocational leisure courses

