



Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Variety of sandwiches and crisps (M,W,G)	Variety of sandwiches and crisps (M,W,G)	Variety of sandwiches and crisps (M,W,G)	Variety of sandwiches and crisps (M,W,G)	Variety of sandwiches and crisps (M,W,G)
Option 2	Veg biryani with yoghurt (M,G)	Cold pasta (M,W,G)	Veg wrap (M,W,G)	Cheese and tomato paninis (M,W,G)	Yellow dal with rice and yoghurt (M,W,G)
Veg	Cucumbers, carrot slices and fruits	Cucumbers, carrot slices and fruits	Cucumbers, carrot slices and fruits	Cucumbers, carrot slices and fruits	Cucumbers, carrot slices and fruits
Key	Milk (M)	Gluten (G)	Wheat (W)	Soya (S)	



Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Variety of sandwiches and crisps (M,W,G)	Variety of sandwiches and crisps (M,W,G)	Variety of sandwiches and crisps (M,W,G)	Variety of sandwiches and crisps (M,W,G)	Variety of sandwiches and crisps (M,W,G)
Option 2	Jacket potato with baked beans (M,W,G)	Matar Paneer with rice (M,W,G)	Cold pasta (M,W,G)	Veg wrap (M,W,G)	Veg pie with baked beans (M,W,G)
Veg	Cucumbers, carrot slices and fruits	Cucumbers, carrot slices and fruits	Cucumbers, carrot slices and fruits	Cucumbers, carrot slices and fruits	Cucumbers, carrot slices and fruits
Key	Milk (M)	Gluten (G)	Wheat (W)	Soya (S)	