



2<sup>nd</sup> Sep  
 23<sup>rd</sup> Sep  
 14<sup>th</sup> Oct  
 11<sup>th</sup> Nov  
 2<sup>nd</sup> Dec  
 6<sup>th</sup> Jan  
 27<sup>th</sup> Jan  
 24<sup>th</sup> Feb  
 17<sup>th</sup> Mar

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Fresh Baked Pasta with Garlic Bread (M,W,G)	Paneer Roll (M,G,W)	Spaghetti Bolognese with meat free meatballs (M,W,G,S)	Cheese and onion Pie with Beans (M,W,G)	Pizza and Chips (M,W,G)
Option 2	Shahi Paneer with rice (M)	Panjabi Curry with rice (M)	Aloo Gobi with Naan (W)	Rajma with rice	Veg Biryani
Daily	Jacket potato with beans and cheese Classic pasta (M,W,G)	Jacket potato with beans and cheese Classic pasta (M,W,G)	Jacket potato with beans and cheese Classic pasta (M,W,G)	Jacket potato with beans and cheese Classic pasta (M,W,G)	
Dessert	Fresh fruit	Apple Crumble & Custard (M,G,W)	Strawberry Jelly	Semiyan (M,W,G)	Ice cream (M)
Veg	Complementary salad Yoghurt (M) Steamed Broccoli	Complementary salad Yoghurt (M) Peas and sweetcorn	Complementary salad Yoghurt (M) Carrots	Complementary salad Yoghurt (M) Green Beans	Complementary salad Yoghurt (M)
Key	Milk (M)	Gluten (G)	Wheat (W)	Soya (S)	



9<sup>th</sup> Sep  
 30<sup>th</sup> Sep  
 28<sup>th</sup> Oct  
 18<sup>th</sup> Nov  
 9<sup>th</sup> Dec  
 13<sup>th</sup> Jan  
 3<sup>rd</sup> Feb  
 3<sup>rd</sup> Mar  
 24<sup>th</sup> Mar

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Vegetarian Sausages with Creamy Mash and Gravy (M,G,W,S)	Macaroni Cheese with Garlic Bread (M,G,W)	Chinese Stir Fry (M,W,G,S)	Vegetable wrap (M,G,W)	Chips & Beans (M,G,W)
Option 2	Vegetarian Pulao	Aloo prontha with yoghurt (M,G,W)	Daal makhanai with rice and naan (M)	Matar Paneer with rice (M)	Veg Biryani
Daily	Jacket potato with beans and cheese Classic pasta (M,W,G)	Jacket potato with beans and cheese Classic pasta (M,W,G)	Jacket potato with beans and cheese Classic pasta (M,W,G)	Jacket potato with beans and cheese Classic pasta (M,W,G)	
Dessert	Chocolate Mousse (M)	Rice Pudding (M)	Jam Tart with Custard (M,G,W)	Fresh fruit	Ice cream (M)
Veg	Complementary salad Yoghurt (M) Peas	Complementary salad Yoghurt (M) Steamed broccoli	Complementary salad Yoghurt (M) Steamed mixed veg	Complementary salad Yoghurt (M) Sweetcorn	Complementary salad Yoghurt (M)
Key	Milk (M)	Gluten (G)	Wheat (W)	Soya (S)	



16<sup>th</sup> Sep  
 7<sup>th</sup> Oct  
 4<sup>th</sup> Nov  
 25<sup>th</sup> Nov  
 16<sup>th</sup> Dec  
 20<sup>th</sup> Jan  
 10<sup>th</sup> Feb  
 10<sup>th</sup> Mar  
 31<sup>st</sup> Mar

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Creamy Mushroom Pasta with Garlic Bread (M,G,W)	Veggie Hotdog with Wedges (G,W,S)	Soya Mince Lasagne (M,G,W,S)	Vegetable wrap (M,G,W)	Pizza & Chips (M,G,W)
Option 2	Yellow Daal with rice and naan (M)	Palak Paneer & Naan (G,W,M)	Mixed Veg Sabji with Naan (G,W)	Chickpeas with Samosas and Rice (G,W)	Veg Biryani
Daily	Jacket potato with beans and cheese Classic pasta (M,W,G)	Jacket potato with beans and cheese Classic pasta (M,W,G)	Jacket potato with beans and cheese Classic pasta (M,W,G)	Jacket potato with beans and cheese Classic pasta (M,W,G)	
Dessert	Chocolate Cornflake Squares (M,G,W)	Rice Pudding (M)	Chocolate brownie with custard (M,G,W,S)	Cheesecake (M,G,W)	Ice cream (M)
Veg	Complementary salad Yoghurt (M) Peas	Complementary salad Yoghurt (M) Steamed broccoli	Complementary salad Yoghurt (M) Mixed veg	Complementary salad Yoghurt (M) Carrots	Complementary salad Yoghurt (M)
Key	Milk (M)	Gluten (G)	Wheat (W)	Soya (S)	