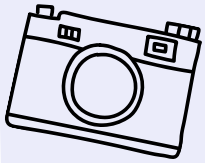
PSA SAFEGUARDING BULLETIN

Welcome to the PSA safeguarding bulletin. These will be sent out regularly with the latest news. It is our collective responsibility to keep your children safe, in and out of school, from any harm. We would encourage you to speak to your children regularly about the items featured in this bulletin. Thank you in advance for your support in promoting these messages.

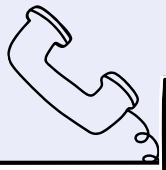


SHARING BACK-TO-SCHOOL PHOTOS: WHAT PARENTS NEED TO KNOW

As children head back to school, many parents are excited to share photos of their little ones in their new uniforms. While social media is a great way to keep family and friends updated, it's important to be cautious when sharing these moments online.

1. Posting photos of your children can unintentionally share personal information, like their age, school, or even your location. This can make your family vulnerable to identity theft or other online risks.
2. Remember, once an image is online, it's hard to control how it's used or who sees it. In today's world, artificial intelligence (AI) can even manipulate innocent images for harmful purposes.
3. Before posting, consider your child's privacy and future. Would they want these photos online when they're older?

By being mindful of what you share, you help protect your family and set a good example for your children about responsible online behaviour. Let's keep their safety in mind as we navigate the digital world together.



CONCERNED? CONTACT THE NSPCC HELPLINE

If you're worried about a child's safety, trust your instincts and reach out to the NSPCC Helpline. Their trained team will listen, offer advice, and take action if needed.

Sadly, 1 in 20 children are estimated to have experienced sexual abuse, and many cases go unreported. It's time to change that.

It's never too early - what you share could make a life-changing difference for a child.

You can contact the NSPCC by calling 0808 800 5000, emailing help@npscc.org.uk, or using the online form.

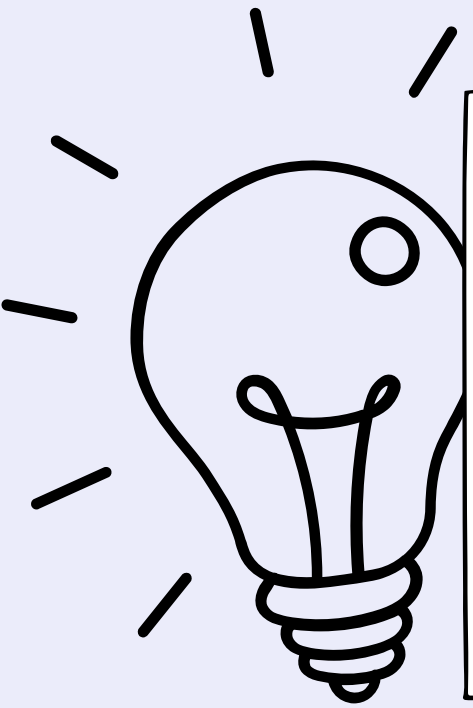
Please note, the phone line is open 11am–5pm, Monday to Friday, but you can still email or use the online form at any time. You don't need to give your name.

If you believe a child is in immediate danger, call 999 straight away.

PARENT AND CARER LIVE WEBINARS

Anna Freud have put together a series of webinars specially tailored for parents and carers of adolescents. Here are the webinars coming up in the next few weeks:

Emotional based school non-attendance (EBSNA) - practical tips and strategies to support your young person Autumn term: Tuesday 1 October, 5pm-6pm	Click to register
Understanding the impact of bullying on a young person's mental health - practical strategies to help you support your young person to get through their experience and feel okay again Autumn term: Thursday 3 October, 12pm-1pm	Click to register
Adolescent self-harm - how to make sense of it and when to seek support Autumn term: Tuesday 8 October, 12pm-1pm	Click to register
Supporting your young person through exam time Autumn term: Tuesday 15 October, 12pm-1pm	Click to register
Weathering the storms of strong adolescent emotions - do's, don'ts and when to consider talking to someone Autumn term: Thursday 17 October 12-1pm	Click to register



ATTENDANCE

Regular school attendance is undeniably linked to academic success. If your child misses their classes, they will miss vital aspects of their education. This is why, at PSA, as per government guidance, **we do not permit holidays or any leave during term time**, and we expect students to aim for **96% attendance**. Taking your child out of school and lowering their attendance rate can create gaps in their understanding, and ultimately impact their grades, confidence and future.

For further information on attendance and the consequences when your child doesn't meet the standard, please read our attendance booklet on our website.

PSA SAFEGUARDING TEAM

Should you have any concerns / issues regarding safeguarding, you can talk to the following designated safeguarding leads or any other trusted adult in the school. You can also email safeguarding@psa-bucks.com.

Miss Day
DSL

Mrs Summerell
DDSL

Miss Lallian
Safeguarding team

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NSPCC HELPLINE 0808 800 5000 help@nspcc.org.uk

kidscape preventing bullying protecting children

ChildLine 0800 1111

Sikh Helpline 0845 644 0704 07999 03 4363

Call SAMARITANS 08457 90 90 90

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