



1st September
 22nd September
 13th October
 10th November
 1st December
 5th January
 26th January
 23rd February
 16th March
 20th April
 11th May
 8th June
 29th June

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Fresh Baked Pasta with Garlic Bread (M,G,W)	Veggie fingers, potato waffles, beans and veg (G,W)	Spaghetti Bolognese with meat free meatballs (M,G,W,S)	Cheese and onion Pie with Beans (M,G,W)	Pizza and Chips (M,G,W)
Option 2	Shahi Paneer with rice (M)	Punjabi Curry with rice (M)	Dal Tadka with rice (M)	Rajma with rice (M)	Veg Biryani
Daily	Jacket potato with beans and cheese Classic pasta Pizza Twist Salad Bar (M,G,W)	Jacket potato with beans and cheese Classic pasta Pizza Twist Salad Bar (M,G,W)	Jacket potato with beans and cheese Classic pasta Pizza Twist Salad Bar (M,G,W)	Jacket potato with beans and cheese Classic pasta Pizza Twist Salad Bar (M,G,W)	
Dessert	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
Veg	Complementary salad Yoghurt (M) Steamed Veg	Complementary salad Yoghurt (M) Steamed Veg	Complementary salad Yoghurt (M) Steamed Veg	Complementary salad Yoghurt (M) Steamed Veg	Complementary salad Yoghurt (M) Steamed Veg
Key	Milk (M)	Gluten (G)	Wheat (W)	Soya (S)	



8th September
 29th September
 20th October
 17th November
 8th December
 12th January
 2nd February
 2nd March
 23rd March
 27th April
 18th May
 15th June
 6th July

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Vegetarian Sausages with Creamy Mash and Gravy (M,G,W,S)	Macaroni Cheese with Garlic Bread (M,G,W)	Chinese S r Fry (M,G,W,S)	Enchiladas with nachos (M,G,W,S)	Pizza and Chips (M,G,W)
Option 2	Matar Paneer with rice (M)	Chef's special soup with rolls (M,G,W)	Saag with Rice or Naan Bread (M,G,W)	Dal makhani with rice and naan (M)	Veg Biryani
Daily	Jacket potato with beans and cheese Classic pasta Pizza Twist Salad Bar (M,G,W)	Jacket potato with beans and cheese Classic pasta Pizza Twist Salad Bar (M,G,W)	Jacket potato with beans and cheese Classic pasta Pizza Twist Salad Bar (M,G,W)	Jacket potato with beans and cheese Classic pasta Pizza Twist Salad Bar (M,G,W)	
Dessert	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
Veg	Complementary salad Yoghurt (M) Steamed Veg	Complementary salad Yoghurt (M) Steamed Veg	Complementary salad Yoghurt (M) Steamed Veg	Complementary salad Yoghurt (M) Steamed Veg	Complementary salad Yoghurt (M) Steamed Veg
Key	Milk (M)	Gluten (G)	Wheat (W)	Soya (S)	



15th September
 6th October
 3rd November
 24th November
 15th December
 19th January
 9th February
 9th March
 13th April
 4th May
 1st June
 22nd June
 13th July

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Creamy Mushroom Pasta with Garlic Bread (M,G,W)	Veggie Hotdog with Wedges (G,W,S)	Soya Mince Lasagne with garlic bread (M,G,W,S)	Chickpeas with Samosas and Rice (G,W)	Pizza & Chips (M,G,W)
Option 2	Yellow Dal with rice and naan (M)		Variety of sandwiches and crisps (M,G,W)		Veg Biryani
Daily	Jacket potato with beans and cheese Classic pasta Pizza Twist Salad Bar (M,G,W)	Jacket potato with beans and cheese Classic pasta Pizza Twist Salad Bar (M,G,W)	Jacket potato with beans and cheese Classic pasta Pizza Twist Salad Bar (M,G,W)	Jacket potato with beans and cheese Classic pasta Pizza Twist Salad Bar (M,G,W)	
Dessert	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit	Fresh fruit
Veg	Complementary salad Yoghurt (M) Steamed Veg	Complementary salad Yoghurt (M) Steamed Veg	Complementary salad Yoghurt (M) Steamed Veg	Complementary salad Yoghurt (M) Steamed Veg	Complementary salad Yoghurt (M) Steamed Veg
Key	Milk (M)	Gluten (G)	Wheat (W)	Soya (S)	