



# PSA SAFEGUARDING BULLETIN

Welcome to the PSA safeguarding bulletin. These will be sent out regularly with the latest news. It is our collective responsibility to keep your children safe, in and out of school, from any harm. We would encourage you to speak to your children regularly about the items featured in this bulletin. Thank you in advance for your support in promoting these messages.

## AMIT KALLEY'S UPCOMING WORKSHOP

On 24 February, Amit Kalley will be visiting Khalsa Primary School to deliver his new parent workshop: *Understanding Online Grooming: Keeping Children Safe Through Connection*.

This session offers clear, practical guidance to help parents understand what online grooming is, how it happens, and why children and young people can be vulnerable - often without realising it.

Parents will gain insight into:

- How online grooming works and how it can escalate over time
- Where grooming most commonly occurs online
- Current research and emerging trends
- Behavioural and emotional warning signs to look out for
- How to build open, trusting conversations at home
- Responding calmly and supportively if concerns arise
- Where to seek advice, reporting routes, and professional support

The session focuses on connection rather than control, supporting parents to create safe, open environments where children feel confident to talk, ask questions, and seek help without fear or shame.

To book your place, please sign up here:

<https://forms.gle/CpdwjtF3se1JF2CX7>



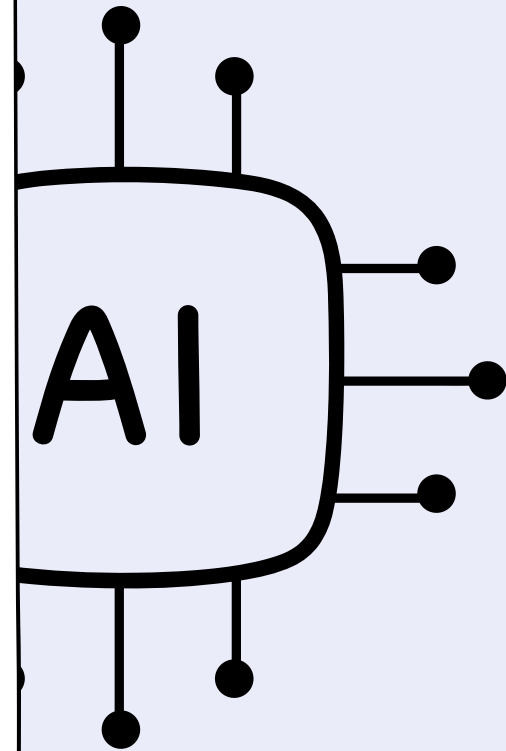
# USING AI SAFELY

Artificial Intelligence (AI) tools are becoming an increasingly common part of young people's lives, from homework help and revision tools to creative apps and chatbots. While AI can support learning and curiosity, it also raises important questions around accuracy, privacy, and online safety.

Children may not always understand how AI works or that the information it provides can be incorrect, biased, or misleading. Some AI tools collect and analyse data, which means young people could unknowingly share personal information. There is also a risk of over-reliance, where AI replaces independent thinking rather than supporting it.

Parents and carers can help by having safe and open conversations about AI and how it should be used. Encourage children to ask questions about where information comes from, to double-check facts, and to talk to an adult if something online doesn't feel right. It's also important to set clear boundaries around when and how AI tools can be used, particularly for homework and schoolwork.

Where possible, support children in using age-appropriate tools, check privacy settings, and remind them never to share personal details online. Showing interest in how your child uses technology and staying curious yourself can help build trust and digital confidence. By working together, we can help young people use AI safely, responsibly, and thoughtfully.

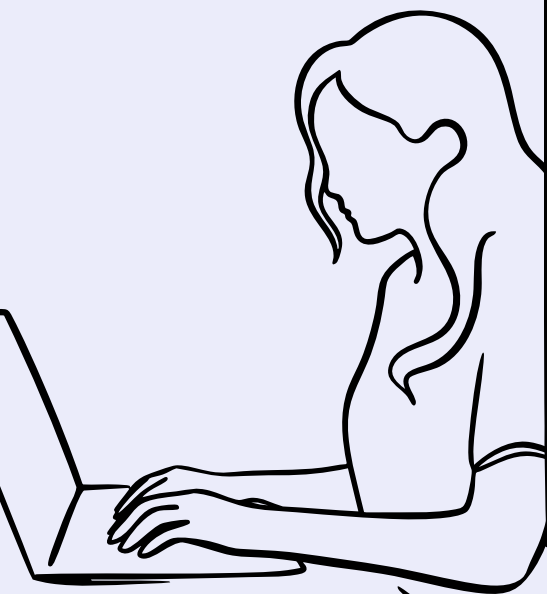


# FREE WEBINAR ON AI AND WELLBEING

Parents and carers are invited to [a free webinar hosted by Thrive](#) on Tuesday 3 February, from 4pm to 4.45pm, exploring how AI is shaping children's emotional and social worlds, and what this means for schools and families.

Thrive is an organisation that works with schools and professionals to support children's emotional wellbeing, behaviour, and mental health. Their approach focuses on understanding children's developmental needs and helping adults respond in ways that build connection, safety, and resilience.

If you are unable to attend live, you can still sign up and a recording will be shared afterwards.



# COM NETWORKS

Com Networks are online networks involved in harmful and illegal behaviours that can place children and young people at risk. These groups can be linked to child sexual abuse, cybercrime, and offline harm, and often operate across popular platforms such as Discord and Telegram. While many individuals involved may be under 18, young people of all ages can be exposed to these risks online.

Members of Com Networks may engage in highly exploitative behaviour, including grooming, coercing young people to share harmful images, encouraging self-harm, or recruiting them into dangerous activities. These networks are often fast-moving and difficult to monitor.

Parents and carers can help by staying informed about the apps and platforms their child uses and by having open conversations about online experiences. Encourage your child to speak up if something online makes them feel uncomfortable or worried. Using privacy and safety settings, and ensuring children know how to block or report inappropriate content, can also help. Most importantly, reassure your child they can always come to you for support.

## ANNA FREUD: PARENT AND CARER LIVE WEBINARS

<b><i>Transitioning to Secondary School – supporting your young person with the ending and a new beginning</i></b> Tuesday 3 February 5-6pm	<a href="#"><u>Click to register</u></a>
<b><i>Understanding the impact of bullying on a young person's mental health</i></b> Wednesday 4 February 5-6pm.	<a href="#"><u>Click to register</u></a>
<b><i>Supporting your young person to stay well online</i></b> Tuesday 10 February 12-1pm	<a href="#"><u>Click to register</u></a>
<b><i>Adolescent self-harm</i></b> Thursday 12 February 12-1pm	<a href="#"><u>Click to register</u></a>
<b><i>Weathering the storms of adolescent emotions</i></b> Tuesday 24 February 5-6pm	<a href="#"><u>Click to register</u></a>



# PSA SAFEGUARDING TEAM

Should you have any concerns / issues regarding safeguarding, you can talk to the following designated safeguarding leads or any other trusted adult in the school. You can also email [safeguarding@psa-bucks.com](mailto:safeguarding@psa-bucks.com).



Miss Day  
DSL



Mrs Summerell  
DDSL

